Woodend and District Group

April to November 2011 bulletin

The Woodend and District Group covers a large geographical area including the towns of Macedon, Woodend, Trentham, Kyneton and Malmsbury. Monthly gatherings will be held from April to November either at my house in Woodend with a discussion topic or for a catch up at a cafe. Other groups to be aware of are the neighbouring ABA groups Sunbury/Macedon Ranges Group and Castlemaine and District Group (let me know if you would like their bulletins emailed to you) and the local Birthing and Babies Support Group (BaBs). Information about BaBs can be found at www.macrangesbabs.com or by calling Jess on 0432 493 685. Happy mothering from Heather Steele (Group Leader)

Breastfeeding Counselling and Information:

Local ABA Group Woodend and District (Heather):
5427 2398 or 0459 102 772
heathersteele67@hotmail.com

Breast pump hire:
Woodend (Heather): 5427 2398
Other areas: 9791 4644

ABA website/membership:
Membership $65 per year
(includes free book)
www.breastfeeding.asn.au
9885 0855

24 hour help line:
1800 mum2mum
(1800 686 2 686)

Monash Drug Info Centre:
9594 2361

ABA Breastfeeding Education Classes:
9791 4644

Mother's Direct (retail):
www.mothersdirect.com.au
1800 032 926

Woodend and District Group Meetings

All gatherings from 10am. Ring Heather for information.

Tuesday 19th April:
Red Beard Bakery in Trentham

Tuesday 17th May: Heather's house
"Expressing and Storing Breast Milk"

Monday 20th June: Heather's house
"Book club: Bring along a book that has influenced your ideas about parenting"

Monday 18th July: Kaddy's Café in Kyneton

Monday 15th August: Heather's house
"Co-sleeping and breastfeeding"

Tuesday 20th September: Heather's house
"Settling and soothing"

Tuesday 18th October:
Red Beard Bakery in Trentham

Tuesday 15th November: Heather's house
"Book club: Bring along a book that has influenced your ideas about parenting"