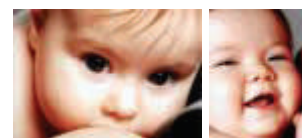


# Brimbank Group Diary Dates April 2011— June 2011



**Australian  
Breastfeeding Association**



## April

Thursday 7th 10 am—12pm	<b>Chat &amp; Play in the Park</b>	<u><a href="#">Cliff Harvey Reserve, Keilor</a></u> Contact: Elissa 0411 022 392 There's a playground for the mobile ones, plus sheltered seats for those who just want to chat. <i>Back-up plan for bad weather: meet at Sweet Lulus, 676 Old Calder Highway, Keilor – over the road from the reserve.</i>
Friday 29th 10am—12pm	<b>Chat &amp; Play</b> Special presentations by Lactation Consultant Johanna, and info about ABA with Karen, both with Q&A	Springside Children's and Community Centre <u><a href="#">22-50 Becca Way, Caroline Springs</a></u> Contact on day: Karen 0418 366 341

## May

Wed 4th 7:30—9:30pm	<b>Red Cookbook Dinner</b>	Melissa's place in <b>Kurunjang</b> Contact: Melissa 9747 0446
Friday 13th 10am—12pm	<b>Chat &amp; Play</b> Special topic: Superstitions, Myths & Facts about Breastfeeding. Presented by Jytte	Westvale Community Centre <u><a href="#">45 Kings Road, St Albans</a></u> Contact on day: Elissa 0411 022 392
Monday 23rd 1pm – 3pm	<b>Chat over coffee</b>	Granary Café <u><a href="#">2 Devonshire Road, Sunshine</a></u> Contact on day: Paula 0407 336 725

## June

Friday 10th 10am—12pm	<b>Chat &amp; Play</b>	Westvale Community Centre <u><a href="#">45 Kings Road, St Albans</a></u> Contact on day: Elissa 0411 022 392
Thursday 23rd 1pm - 3pm	<b>Chat &amp; Play</b> Topic: Hiccups & Hurdles	Paula's place in <b>Sydenham</b> Contact: Paula 0407 336 725

\* Note: July, August and September gatherings will be advised at a later date.

Thankyou to those who participated in our online planning survey in February – we received a lot of wonderful feedback, which we've tried to incorporate into this calendar.

You will notice that we have changed days and locations around, and also included contact people on the day if you need further information or get lost. Please note that these numbers are volunteers' personal mobile numbers, only to be used for this purpose.

### Red Cookbook Dinner

Every year around Mother's Day, we hold a Red Cookbook Dinner which everyone is invited to attend. We all choose a dish to bring along from the famous Red Cookbook, which was first published in 1975 and features dishes that a lot of us grew up on. It's a nice, relaxed way to catch up with or meet other mums.

If you'd like to come along but don't have a copy of the cookbook, copies of the recipes will be available at gatherings, or you can contact Karen for recipes via [aba.brimbank@gmail.com](mailto:aba.brimbank@gmail.com)

**24 HOUR HELPLINE 1800 MUM 2 MUM (1800 686 2 686)**