



Australian
Breastfeeding
Association

Pascoe-Hume Group Calendar November 2011 to February 2012

For further details, call Simone on 93837193 or
juzsimaj@bigpond.net.au

WE'RE ON FACEBOOK!

Look up the 'Australian Breastfeeding Association Pascoe-Hume Group' on Facebook (we now have over 100 members) and keep in touch with other mums.

November

Friday **11th @ Kersty's** Craigieburn,
10.30am-12.30pm.

Theme: BLISS (Breastfeeding, Laughter, Information, Support, Socialising) morning tea

Monday **14th @ Coburg Lake Reserve** Murray

Road, Coburg North, 11am-1pm. Meet at playground for pram stroll. Ph Simone on 0414 508 619
Theme: Exercise!

Thursday, **24th @ Aurora's** Glenroy, 8-10pm.

Theme: Girls night — let's talk about sex, fertility and breastfeeding

December

Monday **5th @ Carolyn's** Coburg North, 10am-12pm.

Theme: BLISS (Breastfeeding, Laughter, Information, Support, Socialising) morning tea

Sunday **11th @ Simone's** Coburg, 12-3pm. Ph: 9383 7193

Theme: Christmas BBQ with balloon clown! Meat provided. Bring a salad or dessert.

January

Tuesday **3rd @ Coburg Library** Louisa Street, Coburg, 10.30am-12.30pm. Ph: 9359

4000 Go to meeting room via glass doors at side entrance.

Theme: School holiday craft for kids

Monday **9th @ Emily's** Oak Park, 10am-12pm.

Theme: BLISS (Breastfeeding, Laughter, Information, Support, Socialising) morning tea

Wednesday **18th @ Rhonda's** Coburg, 10.30-12.30pm.

Theme: Newbie mummies — all about the early daze

February

Friday **3rd @ Aislinn's** Pascoe Vale, 10am-12pm.

Theme: How can I tell he's getting enough? Weight gain/supply

Tuesday **14th @ Magenta's** Fawkner, 10am-12pm.

Theme: Pamper yourself for Valentine's Day - masseuse coming!

Friday **24th @ World of Kaos** play centre, Shop 3, 2-10 Reservoir Rd, Coolaroo,

11am-1pm, \$5 per child over 1. Theme: Playtime — hot drinks and lunch platter on us!

Tuesday **28th @ Annalise's** Coburg, 10.30am-12.30pm.

Theme: Quiet Luncheon for Expectant Mums and Mums with Babies under 12 months

Breastfeeding Helpline
1800 mum 2 mum
1800 686 2686